

# **Emotional Wellness/Career Survival**

Presented by: 2 The Resuce

This 2 training will instruct through real-life examples how the inability to manage the cumulative stress from daily exposures to trauma and adrenaline affects the way we act. It also is directly related to our safety, decision making and capacity to remain ethically solid as individuals and organizations.

**Tuesday, March 27, 2018**

**18:30 – 22:00**

**Kentwood Fire Station 1 Training Room**

**4775 Walma SE, Kentwood**

Registration Instructions: Open to all Kent County fire service personnel. Students must register in SMOKE

Sponsored by: Kent County Fire Chiefs Association

Contact: Chief Mike May

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